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New Client Discovery Questionnaire

1. Look forward 20 years....you are attending a function where someone is giving a speech about YOU! What would you want them to say?
2. If time and resources were not a concern, describe the things you would do.
3. Think about one or two people who really inspire you. Who are they? What about them is inspiring?
4. What's missing in your life, the presence of which would have your life be more fulfilling? (What part of your life could be working better?)
5. What would you do if you knew you could not fail?
6. Describe your spiritual beliefs. Do you connect to the notion of a higher power? What are the most useful and empowering aspects of your spiritual beliefs?
7. What activities have heart and meaning for you?
8. What needs in the world are you moved to meet?
9. What two steps could you take immediately that would make the biggest difference in your current situation?
10. When are you unable to laugh at yourself?
11. When do you give your power away? To whom?
12. What drives you crazy?
13. What obstacles tend to keep you from achieving your goals?
14. What do you contribute that is unique?
15. What special knowledge do you have?
16. What are your personal strengths?
17. What can I say to you as a coach when you are 'stuck' that will return you to action?
18. If you trusted your coach enough to say how to manage you most effectively, what tips would you give?
19. What else would you like me to know about you?
20. What are three goals you have for our coaching relationship?